

The Sensory Gym  
 4C/28 Laurence Street  
 Hobartville NSW 2753  
 02 4578 9799

**REFERRAL QUESTIONNAIRE**

<b>CONTACT INFORMATION</b>								
Child's Name:		Sex:		Date of Birth:		Age:		
Parent(s) Name(s):								
Address:								
City:			State:			Post Code:		
Email:								
Home Phone:		Work Phone:			Mobile Phone:			
Do you have a Medicare plan?		If so, which one?						
Do you have a private health fund?		If so, who is your provider?						
School Attending:					Year/Level:			
Teacher's Name:					School Phone:			
<b>GENERAL INFORMATION</b>								
Were there any complications, illnesses, or stress during pregnancy?		NO	YES. Please comment.					
Were there any complications during labour or delivery?		NO	YES. Please comment.					
Please specify the conditions of your child's birth. Indicate all that apply.		Vaginal	Forceps	Vacuum	C-section	Premature	Past due date	Full-term
What was your child's birth weight?								
What were your child's Apgar scores?		At 1 minute:			At 5 minutes:			

DEVELOPMENTAL HISTORY							
Please note the approximate age when your child achieved the following skills.	Sitting	Belly crawling	Crawling	Cruising	Walking	First words	Talking
	Hopping	Jumping	Skipping	Running	Riding a tricycle	Riding a 2-wheel bike	Skipping rope
If your child has a medical diagnosis, please specify.							
Does your child have a history of ear infections?	NO	YES					
		How many?					
		At what ages?					
		How were they treated?					
Does your child currently take any medications?	NO	YES. Please comment.					
Does your child have any allergies?	NO	YES. Please comment.					
Has your child experienced any major injuries or hospitalisations?	NO	YES. Please comment.					
Does your child have a history of seizures?	NO	YES. Please comment.					
Does your child wear glasses?	NO	YES. What are the glasses meant to correct?					
Has your child received occupational therapy services in the past?	NO	YES					
		At what age did your child begin therapy?					
		How long did/has your child receive(d) therapy?					
		How frequently was/is your child seen for therapy?					
Has/does your child receive other interventions? Indicate all that apply.	NO	YES					
		Speech therapy	Physiotherapy	Applied Behavioural Analysis (ABA)	DIR/ Floortime	Others: _____	
		How long?	How long?	How long?	How long?	How long?	

What are your primary concerns?								
What is/are the hardest time(s) of the day and how do these times impact on your family?								
<b>SLEEPING</b>								
What activities do you use as part of your child's bedtime routine? Indicate all that apply.	Bath time	Singing/Humming	Reading	Cuddling	Bouncing	Massage	Rocking	Others:
Please describe any necessary specifics regarding your child's bedtime routine.								
What happens if this routine is disrupted?	Impact on child:							
	Impact on family members:							
What time is your child put to bed?								
What time does your child fall asleep?								
Where does your child fall asleep?								
Does your child have difficulty with sleeping?	NO	YES						
		Do family members have interrupted sleep as a result?					NO	YES
How many times per night does your child waken?	Almost never	1-2	3-4	5-6	7+			

What does your child do when he/she awakens?	Whimper	Screams	Plays with toys	Goes to parents' bedroom	Puts self back to sleep	Others:		
What activities do you use to get your child back to sleep? Indicate all that apply.	Feeding	Singing	Humming	Cuddling	Rocking	Bouncing	Massage	Others:
Describe any routines that are helpful for getting your child back to sleep.								
How old was your child when he/she consistently slept through the night?								
Does your child seem to require too much or too little sleep or sleep at odd times?	NO	YES						
		How many hours nightly?						
		What times of day?						
Does your child take naps?	NO	YES						
		Frequency of naps?						
		Duration of naps?						
		Location of naps?						
		Does your child need help to fall asleep for nap?			NO	YES		
What time does your child awaken?								
What mood is your child in upon awakening in the morning?								

FEEDING								
Was your child breast fed as an infant?	NO	YES. For how long?						
If child was bottle fed as an infant, were there any difficulties or concerns?	NO	YES. Please comment.						
Did your child have a strong suck as an infant?	NO	YES						
Did your child frequently spit up as an infant or have reflux?	NO	YES. Please comment.						
Did your child have problems with appetite or weight gain as an infant?	NO	YES. Please comment.						
Did your child respiratory problems as an infant?	NO	YES. Please comment.						
Does your child avoid/limit food based on the following characteristics? Indicate all that apply.	NO	YES						
		Variety of food selection	Temperature	Food texture	Crunchy foods	Chewy foods	Food colour	Mixed food textures
		Please comment.						
Does your child show strong preferences for food based on the following characteristics? Indicate all that apply.	NO	YES						
		Variety of food selection	Temperature	Food texture	Crunchy foods	Chewy foods	Food colour	Mixed food textures
		Please comment.						

Does your child have difficulty with ingesting foods? Indicate all that apply.	NO	YES			
		Chewing variety of foods	Sucking through a straw	Swallowing a variety of foods	
		Please comment.			
Is there a disruption in family mealtime as a result of atypical eating patterns?	NO	YES. Please comment.			
Does your child exhibit oral motor sensitivities or seeking? Indicate all that apply.	NO	YES			
		Examines objects by placing in mouth	Gags/vomits frequently	Bites/chews objects or clothing frequently	Grinds teeth
Does your child attempt to eat unusual, noxious, or inedible substances or place in mouth?	NO	YES. Please comment.			
How long does your child sit at mealtime?	1-2 minutes	3-5 minutes	6-10 minutes	Entire meal	
	Does this impact on the quantity of food ingested?			NO	YES
	How does this impact harmony at mealtimes? Please comment.				
Where does your child eat meals?	Please comment.				
What routines do you follow that are helpful for getting your child to eat meals?	Please comment.				

What happens if this routine is disrupted?	Impact on child:
	Impact on family members:

**GROOMING**

Does your child have difficulty with grooming activities? Indicate all that apply.	Tooth brushing	Bathing	Hair brushing/ combing	Face washing	Haircuts	Nail trimming	Blowing nose
	Please comment:						

Does your child avoid grooming devices? Indicate all that apply.	Electric toothbrushes	Barber's clippers	Nail clippers	Dentistry tools	Others:
	Please comment:				

Does your child avoid grooming devices? Indicate all that apply.	Electric toothbrushes	Barber's clippers	Nail clippers	Dentistry tools	Others:
	Please comment:				

Does your child avoid grooming devices? Indicate all that apply.	Electric toothbrushes	Barber's clippers	Nail clippers	Dentistry tools	Others:
	Please comment:				

What routines do you follow that are helpful for getting your child to participate in grooming activities?	Please comment:
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What happens if this routine is disrupted?	Impact on child:
	Impact on family members:

What happens if this routine is disrupted?	Impact on child:
	Impact on family members:

**DRESSING**

Which clothing is your child able to take off independently? Indicate all that apply.	Shirt	Pants	Underwear	Shoes	Sock	Coat
	Please comment:					

Which clothing is your child able to put on independently? Indicate all that apply.	Shirt	Pants	Underwear	Shoes	Sock	Coat
	Please comment:					

Which clothing is your child able to put on independently? Indicate all that apply.	Shirt	Pants	Underwear	Shoes	Sock	Coat
	Please comment:					

Which fasteners can your child manage independently? Indicate all that apply.	Snaps		Zippers		Buttons (unbutton & button)		Ties shoes	
							Was it a struggle learning to tie?	
							NO	YES
Is your child selective in the types of clothing textures he/she will wear?	NO	YES						
		What types of clothing textures are preferred?						
		What clothing textures are avoided?						
Does your child prefer to wear minimal clothes, regardless of weather?	NO	YES. Please comment.						
Does your child prefer clothing to cover entire body or dress in layers, regardless of the weather?	NO	YES. Please comment.						
Does your child frequently adjust clothing, as if uncomfortable?	NO	YES. Please comment.						
Do tags in clothing or seams in socks bother your child?	NO	YES						
		What type of behaviour/reaction is seen?						
What routines do you follow that are helpful for getting your child to participate with dressing?	Specify.							
What happens if this routine is disrupted?	Impact on child:							
	Impact on family members:							
<b>TOILET TRAINING</b>								
Is your child currently toilet trained for bladder?	NO	YES						
		At what age?						

Is your child currently toilet trained for bowel?	NO	YES			
		At what age?			
Does your child experience urinary/bowel issues? Indicate all that apply.	Incontinence during the day	Bedwetting	Constipation	Loose stools	Lack of awareness
	How often?	How often?	How often?	How often?	How often?
Does your child wear a nappy or pull-up at night?	NO	YES			
What routines do you follow that are helpful for getting your child to participate in toileting?	Specify:				
What happens if this routine is disrupted?	Impact on child:				
	Impact on family members:				
<b>SOCIAL FUNCTION/FAMILY LIVING</b>					
Are you limited in attending family/social gatherings because of your child's behaviour/ reactivity to events?	NO	YES. Please comment.			
Is your child unable to attend birthday parties?	NO	YES. Please comment.			
Are you unable to leave your child alone with familiar, but not routine, caregivers for child care?	NO	YES. Please comment.			
Is your family unable to maintain relationships with other families?	NO	YES. Please comment.			

Is your family unable to pursue hobbies and interests?	NO	YES. Please comment.
What routines do you follow that are helpful for getting your child to participate in social situations?	Specify.	
What happens if this routine is disrupted?	Impact on child:	
	Impact on family members:	
<b>COMMUNITY</b>		
Is your child unable to eat out at restaurants?	NO	YES. Please comment
Is your child uncomfortable on elevators, escalators, or in cars?	NO	YES. Please comment.
Does your child avoid busy, unpredictable environments?	NO	YES. Please comment.
Does your child have an excessive reaction to light touch sensation?	NO	YES
		What type of reaction/behaviour is seen?
Is your child unresponsive to being touched or bumped?	NO	YES
Does your child have an excessive reaction if bumped unexpectedly?	NO	YES. Please comment.
Does your child exhibit a lack of safety awareness?	NO	YES. Please comment.

Does your child have difficulty travelling on a variety of public transportation?	NO	YES. Please comment.			
Does your child have difficulty flying on planes?	NO	YES. Please comment.			
Is your child unable to attend sleepovers?	NO	YES. Please comment.			
Does your child have difficulty with loud, crowded sporting events?	NO	YES. Please comment.			
Does your child have difficulty sitting through public performances?	NO	YES. Please comment.			
Does your child have difficulty in the grocery store?	NO	YES. Please comment.			
Does your child have difficulty with long car rides?	NO	YES. Please comment.			
Does your child have trouble standing in a queue?	NO	YES. Please comment.			
<b>SOCIAL INTERACTION</b>					
Does your child exhibit aggressive behaviour?	NO	YES			
		Is it directed towards him/herself?	NO	YES	
		Is it directed towards others?	NO	YES	
What types of behaviours are exhibited?	Biting	Pinching	Kicking	Hitting	Others:

Does your child exhibit tantrums?	NO	YES				
		How frequently do they occur?				
		What triggers tantrums?				
		On average, how long does a tantrum last?				
		Describe strategies that are effective for helping your child calm during a tantrum.				
		Are tantrums a source of distress to other members of the family?	NO	YES		
Is your child easily frustrated, anxious or overwhelmed?	NO	YES. Please comment.				
Is your child overly dependent on parent(s) or clingy?	NO	YES				
		Are separations challenging?	NO	YES		
Does your child easily escalate from whimper to intense cry?	NO	YES. Please comment.				
If your child uses atypical, repetitive behaviours, which behaviours are demonstrated? (Indicate all that apply.)	Hand flapping	Rocking	Head banging	Jumping	Smelling	
	Breath holding	Humming	Self-talk	Biting	Mouthing objects	
	Visual fixing	Spinning	Teeth grinding	Others:		
Does your child struggle with transitions between activities?	NO	YES				
		How long does it take to transition, on average?				
		What transitions are difficult?	Please comment.			
		What strategies are used to help transitions?	Please comment.			
		Does difficulty transitioning cause distress to other family members?	NO	YES		
			Please comment.			

Does your child struggle when there is excessive auditory input in his/her environment?	NO	YES			
		How does your child react?			
Does your child struggle around individual with certain voice pitches?	NO	YES. Please comment.			
Does your child struggle to communicate own needs?	NO	YES. Please comment.			
What is your child's primary form of communication?	Talking	Signing	Sounds/ vocalisations	Pointing/ gesturing	Crying/ screaming
How often does your child make eye contact during conversation?	Less than 25% of the time	25% of the time	50% of the time	75% of the time	100% of the time
How often does your child orient to his/her name being called?	Less than 25% of the time	25% of the time	50% of the time	75% of the time	100% of the time
Does your child have difficulty separating from parent or caregiver?	NO	YES. Please comment.			
Does your child appear to have an awareness of others?	NO	YES. Please comment.			
Does your child appear to have an awareness of self?	NO	YES. Please comment.			
Does your child lack fear of strangers?	NO	YES. Please comment.			
How does your child react in new/unfamiliar situations?	Please comment.				

Does your child have difficulty paying attention in noisy environments?	NO	YES. Please comment.			
Does your child regularly avoid initiation of social interaction?	NO	YES. Please comment.			
Does your child avoid maintaining social interaction?	NO	YES. Please comment.			
Does your child experience difficulties with language expression? (Indicate all that apply.)	NO	YES			
		Easily frustrated, anxious or overwhelmed	Frequently mispronounces words (i.e. bisghetti)	Poor articulation, difficult to understand	Difficulty making choices
		Flat, monotonous voice	Hesitant speech	Tendency to stutter	Difficulty expressing emotions verbally
What routines do you follow that are helpful for getting your child to socialise?	Specify.				
What happens if this routine is disrupted?	Impact on child:				
	Impact on others:				
<b>PLAY SKILLS/PEER INTERACTION</b>					
Is your child destructive toward toys?	NO	YES. Please comment.			
Does your child struggle to play alone (excluding TV watching)?	NO	YES. Please comment.			
How long is your child able to play alone?	1-2 minutes	2-5 minutes	5-10 minutes	10-30 minutes	30+ minutes
What are your child's preferred play activities?	Please specify.				

How much time per day is spent in the following activities?	Passive activities (i.e. TV, computer)	Movement activities (i.e. playground, roughhouse play, sports)	Learning/interactive activities			
Does your child struggle playing with other children? (Indicate all that apply.)	NO	YES				
		Parallel play – playing alongside other children	Interactive play – playing with other children	Structured group play	Making friends	Pretend play
Is your child preoccupied with seeking intense movement during play? (Indicate all that apply.)	NO	YES				
		Spinning	Bouncing	Crashing	Jumping	Rocking
Does your child have a strong desire for structure or control?	NO	YES. Please comment.				
Does your child struggle to play in familiar settings?	NO	YES. Please comment.				
Does your child struggle to play in unfamiliar settings?	NO	YES. Please comment.				
Which playground equipment will your child play on? (Indicate all that apply.)	Swings	Monkey bars	Crawl tunnels	Vertical climbers	Merry-go-round	Ladders
	Slide	Climbing wall	Bridges	Teeter totter	Spring riders	Others:
Which playground equipment does your child avoid? (Indicate all that apply.)	Swings	Monkey bars	Crawl tunnels	Vertical climbers	Merry-go-round	Ladders
	Slide	Climbing wall	Bridges	Teeter totter	Spring riders	Others:
Does your child avoid certain types of toys (i.e. textured toys)?	NO	YES. Please comment.				

Does your child exhibit poor safety awareness of engage in activities that are potentially dangerous (i.e. jumping without regard)?	NO	YES. Please comment.					
Does your child avoid any of the following "messy" activities? (Indicate all that apply.)	Sand	Playing in the grass	Finger paint	Play-doh	Glue	Others:	
Which surfaces does your child have difficulty with? (Indicate all that apply.)	Ascending stairs	Descending stairs	Grass	Gravel driveways	Woodchips	Sand	Others:
Does your child have poor depth perception (i.e. ducks or blinks when ball is thrown to him/her, difficulty with stairs)?	NO	YES					
Is your child unable to pull up on the monkey bars with bent arms and legs?	NO	YES					
Is your child unable to maintain bent arms and legs while moving bar to bar on the monkey bars?	NO	YES					
Which gross motor skills does your child have difficulty with in comparison to same age peers?	Hopping	Jumping	Skipping	Running	Riding a tricycle or bicycle		

SCHOOL SKILLS						
Where does your child attend pre-school or school?	Home school	Daycare	Special needs pre-school class	Regular education class	Special education class	Other:
Does your child exhibit a hand preference?	NO	YES				
		Right			Left	
		Established at what age?				
Does your child frequently change his/her grasp on pencils/other tools?	NO	YES. Please comment.				
Which writing skills does your child struggle with/avoid? (Indicate all that apply.)	Drawing/ Colouring		Tracing	Copying	Handwriting	
	Use of graded pressure		Stabilisation of paper while drawing/writing	Proper desk posture	Others:	
	Too much	Too little				
Which fine motor skills does your child struggle with/avoid? (Indicate all that apply.)	Grasping and manoeuvring scissors			Performing 2 different tasks at the same time (i.e. hold and turn paper while cutting, cut food using knife and fork)		
Which skills does your child struggle with? (Indicate all that apply.)	Finding items within a hidden picture		Phonetic learning	Telling time	Sequencing months of the year	
	Puzzles and construction/ manipulation of materials		Spelling	Responding promptly to verbal instruction	Writing numbers & letters correctly (without frequent reversals)	
Is your child's draw-a-person immature for age?	NO	YES. Please comment.				
Does your child write up/down hill on paper?	NO	YES. Please comment.				

Which of the following visual-related skills does your child struggle with? (Indicate all that apply.)	Poor eye teaming	Using peripheral more than central vision	Keeping eyes too close to work	Closing/ covering one eye while doing near work	Eye strain after reading a short period of time
	Copying from board to paper	Short attention span in reading/ copying	Turning head when reading across a page	Losing place often during reading	Needing finger or marker to keep place while reading
	Reading comprehension	Reverses letters or words	Rereads or skips words when reading	Doesn't look when manipulating objects	Tracking a moving object with head movement
Does your child have difficulty sitting still?	NO	YES			
		Does your child fidget while listening?		NO	YES
<b>MOVEMENT SKILLS</b>					
Does your child become overly excited after movement activity?	NO	YES. Please comment.			
Does your child display the following movement difficulties? (Indicate all that apply.)	Avoids activities where feet leave the ground		Avoids/fear activities requiring balance		Avoids age-appropriate gross motor activities
	Loses balance/trips easily or frequently		Dislikes being moved		Drags hand or bangs object along wall when walking
	Stamps/slaps feet on ground when walking		Drags feet or has poor heel-toe pattern when walking		Unable to walk on alternating treads on stairs
	Excessive dizziness from swinging, spinning, or riding in a car		Resists having head tilted backwards		Fears falling when no real danger exists
	Fearful of being tossed in the air or turned upside down		Holds head upright when leaning or bending over		Dislikes inversion
	Confuses left and right		Lethargic and inactive		Difficulty moving between rooms
	Difficulty moving from one floor surface to another		Poor body scheme awareness		Leans on objects/people for stability
	Poor sense of direction or awareness of space in relationship to self		Limited rotation of hip and/or shoulder girdle around central core of body		Moves with quick bursts of activity rather than with sustained effort
	Sets jaw or locks major joints for stability when applying effort		Seems weaker or tires more easily than peers		Poor coordination or sense of rhythm

Does your child like to be wrapped tightly in a sheet or blanket or seek tight spaces?	NO	YES. Please comment.			
Does your child shake head vigorously or assume an upside down position frequently?	NO	YES. Please comment.			
Is your child able to conceive and organise a plan of action to direct play/movement?	NO	YES. Please comment.			
<b>DAILY ENVIRONMENT/INTERACTION</b>					
Does your child demonstrate an irrational fear of any of the noisy appliances or machines? (Indicate all that apply.)	Vacuum cleaner	Hair dryer	Fans	Blender	Coffee grinder
	Toilet flushing	Air vents	Lawn mower	Leaf blower	Others:
	Please comment.				
Does your child demonstrate an irrational fear of any of the following noisy sounds? (Indicate all that apply.)	Jets/airplanes	Trucks	Thunder	Others:	
	Please comment.				
Is your child confused about the direction of sounds?	NO	YES. Please comment.			
Does your child hear sounds that others do not or before others notice?	NO	YES. Please comment.			

Does your child cover ears to shut out objectionable auditory input or over-react to unexpected sounds?	NO	YES. Please comment.
Does your child attend to auditory input less than a few seconds?	NO	YES. Please comment.
Does your child appear under- or oversensitive to pain?	NO	YES. Please comment.
Does your child dislike having eyes covered or being in the dark?	NO	YES. Please comment.
Is your child overly sensitive to lights/sunlight?	NO	YES. Please comment.
Does your child seem to need to "fix" the environment (i.e. arrange objects, chairs, shut doors)?	NO	YES. Please comment.
Does your child avoid environments/ objects with certain odours?	NO	YES. Please comment.
Does your child seek environments/ objects with certain odours?	NO	YES. Please comment.
<b>SUMMARY</b>		
What do you perceive as your child's strengths?	Please comment.	

What are the primary concerns prompting this assessment/intervention?	Please comment.
What are your hopes and goals from assessment and/or intervention?	Please comment.

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