

THE SENSORY GYM
COLLEEN HACKER MS, OTR and ASSOCIATES

Paediatric Occupational Therapists
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SERVICES OFFERED AT THE SENSORY GYM

In order to ensure that we will provide the services that you seek, please review the services below in preparation for determining the level of service needed when your initial appointment is scheduled.

If desired, initial appointments will be scheduled upon first contact; however, these appointments may be postponed if all preliminary questionnaires and other necessary forms are not returned prior to the date of the initial appointment. These questionnaires help us to plan most effectively for your appointment and maximize the quality of service we deliver.

Evaluation

\$150 per hour

Evaluation includes review of completed paperwork, clinical observation, and parent interview in order to provide recommendations for further clinic, home, and community programming. Standardized assessment and clinical observation of sensory processing abilities, perceptual skills, fine, gross, and oral motor skills will be utilized as appropriate. The exact nature of the evaluation will be individualized to the needs of the client and the reason for referral. Evaluations are typically completed in 90-120 minutes.

All evaluations include a formal report.

Many evaluations require a follow-up parent conference. Parent conferences are billed at **\$130 per hour**.

Sound Therapy Assessment

\$150 per hour

Assessment for prescription of a sound therapy program may include standardized and non-standardized evaluations. The Sensory Gym provides the following types of sound therapy: Berard Auditory Integration Training, SAMONAS Sound Therapy (including use of bone conduction), and therapeutic listening™ home programs.

An initial appointment is typically 90-120 minutes in duration and includes prescription of the home program as well as detailed information about how to implement the home program.

A therapeutic listening™ home program requires use of specific headphones (priced at \$245.00) and the use of 1 or more compact discs (available through a CD exchange program with an annual membership fee of \$100.00).

Typically there is a 2-3 week follow-up appointment and an appointment every 4-6 weeks for several months to monitor continuation of progress. Follow-up visits are billed at \$130.00 per hour.

Ongoing Treatment

\$130 per hour

Some children may benefit from a course of ongoing treatment to address ongoing challenges in the following areas: sensory processing, perception, motor coordination, regulation, attention, behaviour, social skills and learning. An additional 5% will be charged on all Fahcsia claims.

Phone Consultations

\$60 per hour

Phone consultations are available to parents and professionals who would like to dialogue with therapists at The Sensory Gym regarding specific treatment issues. General follow-up from an appointment at The Sensory Gym is **not** considered consultation; it occurs in conjunction with other services offered. A phone consultation is an appropriate service for professionals who want clinical information about their caseloads or parents who would like lengthy discussions (longer than 15 minutes) regarding the entire case management and treatment plan for their child.

Auditory Integration Training (AIT)

\$2500 for 20 hours

Colleen Hacker, MS, OTR is trained in the Bernard technique of auditory integration training and has been using it coupled with sensory integrative treatment for the past 12 years. This form of sound therapy consists of a 20-hour (twice daily for 60 minute sessions over a 12 day period) in-clinic program and requires use of a specific technical device. Music is individually selected for the client, and the degree of modulation and filtering are also individualized based upon assessment results. Individuals listen for 2 half-hours daily with 30 minute sensory integrative treatment sessions following each listening session.

Interactive Metronome™

\$1725 for 15 hours

The Sensory Gym has the capacity to offer an interactive computer program that facilitates the ability to plan and sequence motor actions. Researchers studying the effect of the Interactive Metronome™ found that training with this program favourably enhanced learning, cognitive and social skills, attention, and aspects of motor regulation including inhibition, speed, rhythm, and coordination.

The program consists of a minimum of 15 one-hour treatment sessions on the Interactive Metronome™. A recommended minimum schedule is 3 hours per week for a period of 5 weeks. Sometimes an extension beyond the initial 15 hours may be recommended to ensure maximum results for the participant.

Use of the Interactive Metronome™ will occur under a therapist's supervision; participants will be provided with full therapeutic support.

Additional fees may result if services beyond the Interactive Metronome™ are utilized during treatment.

Treatment Intensives

**\$130 per hour
\$150 report**

Treatment Intensives are typically 3-10 days in length, with 1 - 3 hours of treatment per day. Intensives are tailored individually for your child to achieve specific goals. This might include: therapeutic listening, emphasis on visual and ocular-motor integration training, emphasis on postural and respiratory organization, and parent training for home program activities.

A home program and written assessment will be completed as part of this service. If needed, formal assessment will occur during the first day of the treatment intensive

Fahcsia Funding

We do accept Fahcsia funding here at the Sensory Gym. Please note that a 5% administration fee will be charged per claim.